



**NRT Trainings, LLC  
Presents  
Neural Reset Therapy®**



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### **Home Study Options for Neural Reset Therapy®**

**We want to thank you for inquiring about NRT. You have asked about home study options for learning this totally unique approach to manual therapy for muscles. We would like to be able to tell you that we offer home study courses to those who are unable to attend any of the 20+ classes that we are conducting each year in the USA, but that would not be truthful. The home study videos and manuals are reserved for those who have attended the live trainings.**

**When the course work for NRT was conceived, all of the information was to be taught in a live 4 to 5 day course for the upper body and the same for the lower body course. This was during the time of the Great Recession that started in 2008. It was decided at that time to teach all of the fundamentals of the process and one half of the techniques in a two day intensive and place the rest of the material in a home study option. The videos were recorded accordingly to that division. Later, the advanced NRT course was produced, which includes a 20 hour live training and a 25 hour home study module.**

**To record the video portion of the courses to include the core fundamentals of the NRT process which are critical to a successful outcome is a very expensive endeavor. NRT is a guided process how to utilize the nervous system to reset the muscular tonus. It is not a set of techniques to be followed blindly. Once the therapist has a comprehensive understanding of how the nervous system works, then she can perform the techniques very quickly and reliably to reset the target muscles. All of the technique video shots would have to be re-recorded as well to include what is taught in the live course. In total, the NRT course material is certified for 109 CE hours by the NCBTMB.**

Several years (perhaps five years) from now, all of the course material will be offered as an online course. I would not want to have you wait that long if it is at all possible for you to come and learn NRT now. NRT offers exciting and profound new options for you to help your clients and make a big difference in their lives. And you will be able to offer this therapy without tearing up your body in the process. If you want to know what you are missing, go to our Facebook page ([Facebook.com/NRTnow](https://www.facebook.com/NRTnow)) and read what other therapists are experiencing in their clinical practice.

Once again, we want to thank you for your interest in Neural Reset Therapy® and keep checking in from time to time on our website. We post new class locations on a regular basis. If you are from outside the United States or located in an area of the USA where we do not have classes, arrangements can be made to have an instructor come to your area. We would require a sponsorship from an organization or school that would guarantee us a certain income for the time and travel. Please email ([neuralresettherapy@gmail.com](mailto:neuralresettherapy@gmail.com)) or call us (317-570-0080 if that is an option.

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